



SHSC TEAM RECORDS - WOMEN

age	event	time	date	name	where
8 & under	25 Free	15.11	26-Jul-16	Sienna Newsome	Frog Hollow 2016
	25 Back	18.77	26-Jul-16	Sienna Newsome	Frog Hollow 2016
	25 Breast	21.4	31-Jul-24	Emily Sharpe	Brookside Conferences 2024
	25 Fly	17.82	26-Jul-19	Giavanna Larosa	A League Champs 2019
	100 Free Relay	1:12.35	26-Jul-19	G. Larosa, M. Baxter, L. Schweighardt, L. Tamedl	A League Champs 2019
	100 Med Relay	1:24.72	21-Jul-19	L. Tamedl, L. Schweighardt, G. Larosa, M. Baxter	Minnow Meet 2019
9-10	50 Free	28.59	4-Aug-21	Giavanna Larosa	Middlesex Conferences 2021
	100 Free	1:04.30	30-Jul-19	Ali Tamedl	Frog Hollow 2019
	50 Back	36.23	7-Jul-21	Giavanna Larosa	@ SHSC v. Cranford
	50 Breast	38.06	4-Aug-21	Giavanna Larosa	Middlesex Conferences 2021
	50 Fly	32.03	3-Aug-21	Giavanna Larosa	Middlesex Conferences 2021
	100 IM	1:13.24	24-Jul-21	Giavanna Larosa	@ SHSC v. Cranford
9-12	200 Free Relay	2:04.06	22-Jul-16	A. Gold, N. Newsome, L. Blomquist, M. Baxter	A League Champs 2016
	200 Med Relay	2:20.47	3-Aug-21	G. Larosa, A. Tamedl, L. Tamedl, M. Baxter	Middlesex Conferences 2021
11-12	50 Free	26.58	19-Jul-23	Giavanna Larosa	@ SHSC v. Cranford
	100 Free	57.79	1-Aug-17	Julia Senzon	Frog Hollow 2017
	50 Back	32.03	28-Jul-15	Julia Senzon	Frog Hollow 2017
	50 Breast	35.71	4-Aug-21	Ali Tamedl	Middlesex Conferences 2021
	50 Fly	28.57	1-Aug-17	Julia Senzon	Frog Hollow 2017
	100 IM	1:06.78	1-Aug-17	Julia Senzon	Frog Hollow 2017
13-14	50 Free	25.73	1-Aug-17	Gianna Moscetti	Frog Hollow 2017
	100 Free	55.33	30-Jul-25	Giavanna Larosa	Brookside Conferences 2025
	100 Back	1:02.93	26-Jul-25	Giavanna Larosa	A League Champs 2025
	100 Breast	1:10.23	26-Jul-25	Lily Tamedl	A League Champs 2025
	100 Fly	1:00.79	30-Jul-19	Julia Senzon	Frog Hollow 2019
	100 IM	1:03.90	30-Jul-25	Giavanna Larosa	Brookside Conferences 2025
13-18	200 Free Relay	1:43.97	22-Jul-16	B.Jeremiah, S.Callahan, J.Golfeder, A.Cahill	A League Champs 2016
	200 Med Relay	1:55.81	30-Jul-25	G.Larosa, A.Tamedl, C.Wojtech, L.Tamedl	Brookside Conferences 2025
15-18	50 Free	24.9	24-Jul-15	Alex Gebel	2015 A League Champs
	100 Free	54.72	4-Aug-21	Gianna Moscetti	Middlesex Conferences 2021
	100 Back	1:02.66	22-Jul-16	Alyssa Cahill	A League Champs 2016
	100 Breast	1:09.49	30-Jul-25	Ali Tamedl	Brookside Conferences 2025
	100 Fly	1:01.94	30-Jul-25	Caleigh Wojtech	A League Champs 2025
	200 IM	2:15.91	26-Jul-25	Ali Tamedl	A League Champs 2025



SHSC TEAM RECORDS - MEN

age	event	time	date	name	where
8 & under	25 Free	15.08	12-Jul-23	Dominick Larosa	@ SHSC v. Bridgewater
	25 Back	19.95	23-Jul-11	Christopher Halada	@ North Brunswick
	25 Breast	21.24	23-Jul-11	Christopher Halada	@ North Brunswick
	25 Fly	17.06	12-Jul-23	Dominick Larosa	@ SHSC v. Bridgewater
	100 Free Relay	1:18.25	30-Jul-22	D.Larosa, K.Donahue, C.Angeles, O.Manjrekar	A League Champs 2022
	100 Med Relay	1:26.26	1-Aug-23	C.Angeles, D.Larosa, J.Rodia, S. Pascuzzo	Roundtop Conferences 2023
9-10	50 Free	28.73	30-Jul-13	Marco Guadagno	Frog Hollow 2013
	100 Free	1:02.37	30-Jul-25	Dominick Larosa	Brookside Conferences 2025
	50 Back	33.83	29-Jul-25	James Hutchinson	Brookside Conferences 2026
	50 Breast	35.86	30-Jul-13	Christopher Halada	Frog Hollow 2013
	50 Fly	32.42	9-Jul-25	Dominick Larosa	@ East Brunswick
	100 IM	1:11.08	9-Jul-25	Dominick Larosa	@ East Brunswick
9-12	200 Free Relay	1:56.92	21-Jun-25	D.Larosa, M.Sweeney, J.Hutchinson, O.Manderski	@ SHSC v. East Brunswick
	200 Med Relay	2:12.12	30-Jul-25	J.Hutchinson, M.Sweeney, O.Manderski, D.Larosa	Brookside Conferences 2025
11-12	50 Free	25.12	3-Jul-24	Lucas Bouray	@ SHSC v. Cedar Hill
	100 Free	56.42	28-Jul-15	Marco Guadagno	Frog Hollow 2015
	50 Back	29.45	22-Jun-24	Lucas Bouray	@ Old Bridge
	50 Breast	33.3	26-Jul-16	Tommy Pennimpede	Frog Hollow 2016
	50 Fly	26.37	30-Jul-24	Lucas Bouray	Brookside Conferences 2024
	100 IM	1:02.78	30-Jul-24	Lucas Bouray	Brookside Conferences 2024
13-14	50 Free	22.46	4-Aug-21	Charles Zhang	Middlesex Conferences 2021
	100 Free	49.63	4-Aug-21	Charles Zhang	Middlesex Conferences 2021
	100 Back	57.23	1-Aug-17	Tommy Pennimpede	Frog Hollow 2017
	100 Breast	1:02.13	30-Jul-21	Charles Zhang	A League Champs 2021
	100 Fly	54.37	26-Jul-25	Lucas Bouray	A League Champs 2025
	100 IM	56.87	30-Jul-21	Charles Zhang	A League Champs 2021
13-18	200 Free Relay	1:35.30	1-Aug-17	M. Guadagno, S. Senzon, T. Pennimpede, L. Moschetti	Frog Hollow 2017
	200 Med Relay	1:45.57	1-Aug-17	T. Pennimpede, C. Halada, S. Senzon, M.Guadagno	Frog Hollow 2017
15-18	50 Free	22.42	22-Jul-23	Charles Zhang	@ SHSC v. Bridgewater
	100 Free	49.69	3-Aug-22	Ryan Cooke	Middlesex Conferences 2022
	100 Back	56.15	4-Aug-21	Christopher Halada	Middlesex Conferences 2021
	100 Breast	1:02.52	24-Jul-14	Christopher Halada	Frog Hollow 2019
	100 Fly	53.6	4-Aug-21	Ryan Cooke	Middlesex Conferences 2021
	200 IM	1:58.29	3-Aug-22	Ryan Cooke	Middlesex Conferences 2022